



身輕體淨 心暢神舒

Tai Chi keeps you Healthy in Mind, Body and Soul

課程：理法精確、由淺入深、循序漸進

Our Curriculum is systematic, clear and accurate.
Allows students to learn effectively and progress efficiently.

教練：經驗豐富、耐心細緻、親切友善

Our Instructors are experienced, patient and dedicated.
Pays close attention to individual progress.

開放日 OPEN HOUSE

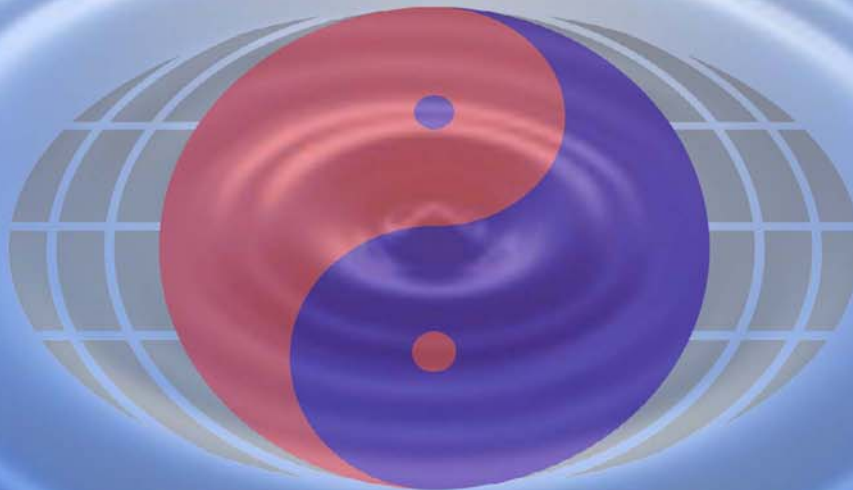
2010年9月12日(星期日)下午二時至四時
Sunday, 12 Sept. 2010, 2:00 - 4:00 pm

歡迎初學者
優惠新學員及家屬

Beginners Welcomed
New student and family discounts

陳式太極拳
楊式太極拳
吳式太極拳
太極推手

Chen Style Tai Chi
Yang Style Tai Chi
Wu Style Tai Chi
Push Hands



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